

P.E. at St Joseph's

Curriculum Intent, Implement, Impact

At St Joseph's RC Primary School, we intend to build a P.E curriculum which develops the children's learning and results in acquisitions of knowledge and skills. This will be achieved through a carefully thought out scheme and memorable experiences.

Intent

At St. Joseph's School, we teach the programmes of study from the National Curriculum. Our P.E curriculum has been built around promoting children's fundamental skills and provides them with opportunities to master their learning and deepen their knowledge. At St. Joseph's we believe that PE is essential in developing a pupils' physical, mental and emotional health. Our lessons are inclusive, engaging, challenging and progressive which allows children to grow in confidence and enjoyment.

The aim of the curriculum is to carefully nurture the physical development of all participants from Early Years through to Year 6 and we teach children how to co-operate, collaborate and compete with others, work as part of a team and have self-assurance in their skills as an individual. The PE curriculum enables the children to understand fairness and equality and embeds these values through sport and teamwork. We want our children to actively take part in Sport, Dance, PE and have a good attitude towards their own health and mental and physical well-being.

The key elements of the PE curriculum that pupils will learn through the school's age-related expectations are:

- Develop competence to excel in fundamental skills and related games
- To engage in competitive sports and activities either individual games or team sports
- To be physically active for sustained periods of time
- Lead healthy, active lives and understand the rationale behind this.

Implementation

We teach PE through using the National Curriculum framework and programme of study supplemented by high quality materials from City in the Community- who also provide CPD training for staff to develop their teaching skills. The curriculum framework is broad and balanced and ensures all 6 strands of the PE national curriculum are taught. A school assessment programme is used which follow a competence guide which is based on the National Curriculum attainment targets.

We use photographic evidence to track and monitor children's skill development as well as information from on-going assessment for learning and pupils' own self-evaluation. The outcomes of these assessments are used by class teachers and City in the Community Staff to evaluate the quality of coverage and to inform aspects of learning that need to be strengthened to improve the quality of provision and to enhance pupil progress. Our PE programme incorporates a variety of sports to ensure all children develop the confidence, tolerance and the appreciation of their own and others' strengths and weaknesses as well as the wide range of sports available to them in

their local community. The pupils at St Joseph's partake in 2 hours high quality PE and sporting activities weekly. Weekly games or athletic outdoor sessions are delivered by specialist coaches from City in the Community alongside an indoor dance session taught by the class teacher. Additionally, Year 4 attend weekly swimming lessons at the Aquatic centre, Year 6 attend water sports at Salford Quays and various sporting clubs run during each term.

Our PE department is resourced with a range of equipment to facilitate teaching and learning, and regular audits are carried out and equipment ordered/replaced when needed.

The P.E coordinator supports staff and their learning by liaising with external providers. The P.E coordinator has worked with City in the Community to produce a progression document to ensure children make good progress and have an assessment tool. The P.E lead also coordinates whole school events which enriches the curriculum.

Impact

Our PE curriculum aims to improve the mental wellbeing and physical fitness of all children at St. Joseph's, not only through the sporting skills taught, but through the underpinning of values and disciplines PE and sport promotes. Within our lessons, children are taught about self-discipline and the values that are essential in order to be successful in owning their responsibility for their own health and fitness, a core skill which they will then be able to carry throughout their lives. Our impact is therefore the motivation of children to utilise these skills in an independent and effective way in order to live happy and healthy lives.