

PSHE and RSE at St Joseph's

Curriculum Intent, Implement, Impact

At St Joseph's RC Primary School, we intend to build a PSHE and RSE curriculum that nurtures and develops children through the learning of key concepts, skills and the understanding of personal, social and moral concepts. This will be achieved through a carefully thought out scheme and memorable experiences.

Intent

Personal, social, health and economic education (PSHE) and citizenship are non-statutory subjects in schools. However, at St Joseph's we believe that they are essential subjects that provide our pupils with the knowledge and skills they need to live healthy, happy lives. Our PSHE programme of study is designed to help our pupils lead confident, healthy, informed, independent lives and to understand how they are changing and developing personally, socially and morally. Our pupils will also grow in their understanding of their rights and responsibilities and what it means to be a good citizen who can make a positive contribution to our diverse, multi-cultural society. Relationships and sex education is compulsory for all primary school pupils and an important part of our PSHE education and we teach it in line with the Catholic ethos of our school.

Implementation

We follow the Manchester Healthy Schools PSHE programme of study which we have adapted to meet the needs of our pupils and to reflect the Catholic foundation of St. Joseph's. Our teachers have access to a range of resources provided by Manchester healthy schools as well as other relevant sources including those provided by the National Association of PSHE and Twinkl.

We know that the personal, social, health development of our pupils impacts on their wellbeing, their ability to learn in all subjects and their safeguarding. Our PSHE lessons are therefore designed to provide our pupils with safe environments to explore ideas, values and emotions and to support them in growing in confidence. There is a focus in all lessons on developing pupils' vocabulary and language skills through providing numerous opportunities to talk and discuss a range of views and materials.

Our RSE provision meets statutory requirements using the scheme of work 'Life to the Full' by Ten Ten, which is a comprehensive RSE scheme underpinned with a Christian faith understanding that our deepest identity is as a child of God - created, chosen and loved by God.

The PSHE coordinator monitors the delivery and impact of teaching and learning and supports staff with planning and pedagogy. Governors are kept informed of the quality of our PSHE provision through a link governor and updates in the Standards Committee.

Impact

Our PSHE and RSE programme of study will equip our pupils with a sound understanding of risk and with the knowledge and skills necessary to make safe and informed decisions. Our pupils will learn about the risks of drugs, oral hygiene, the importance of exercise and a diet for a healthy

lifestyle, maintaining good mental health, healthy relationships and financial education at an appropriate level. These are skills that will set our children up to lead happy, healthy and fulfilled lives.