



# Night Prayer

Father in Heaven,

I've come to say

Thankyou for your love today.

Thankyou for my family and all the friends you give to me.

Guard me in the dark of night, and in the morning send your light.

Amen



# Grace Before Meals

Bless us Oh God as we sit together,

Bless the food we eat today.

Bless the hands that made the food.

Bless us Oh God.

Amen



# Grace After Meals

Thankyou God for the food we have eaten,

Thankyou God for all our friends.

Thankyou God for everything.

Thankyou God.

Amen